# **Ultimate Spine & Wellness**

Account Number:	Date:				
Name:	Birthday:				
Address:	Sex: 🗆 Male 🛛 Female				
City:	Social Security No.:				
State: Zip Code:	Marital Status:  Married  Single  Divorced  Widowed				
	Spouse Name:				
Primary Phone:	Name of Emergency Contact:				
Do you wish to receive text appt alerts $\Box$	Primary Care Physician:				
Cell Phone:	Race: White A. American Asian American Indian				
Cell Service Provider:	Ethnicity: 🗆 Hispanic 🗆 Non- Hispanic				
Email:	Preferred Language:				
Employer:					
How did you hear about us?					
Insurance:					
Insurance Co.:					
Subscribers Name:					
Insured: Check One: Self Spouse Pa	arent 🗆 Other:				
Birthdate: Subs	scriber No.: Group#:				
Effective Date: Deductible:					
Is patient covered by additional insurance? $\Box$ Y	/es 🗆 No 🛛 Date:				
Accident Information:					
Is condition due to an accident? $\Box$ Yes $\Box$ No	Date:				
Type of accident:  Auto  Work I	Home 🗆 Other:				
If Disabled From Work Please Give Dates:					
Attorney Name (If applicable):					
Attorney Address and Phone Number (If application	able):				

# Informed Consent to Chiropractic Treatment

**The nature of chiropractic treatment:** The doctor will use his/her hands or a mechanical device in order to move your joints. You may feel a "click" or "pop", such as the noise when a knuckle is "cracked", and you may feel movement of the joint. Various ancillary procedures, such as hot or cold packs, electric muscle stimulation, therapeutic ultrasound or dry hydrotherapy may also be used.

**Possible Risks:** As with any health care procedure, complications are possible following a chiropractic manipulation. Complications could include fractures of bone, muscular strain, ligamentous sprain, dislocations of joints, or injury to intervertebral discs, nerves or spinal cord. Cerebrovascular injury or stroke could occur upon severe injury to arteries of the neck. A minority of patients may notice stiffness or soreness after the first few days of treatment. The ancillary procedures could produce skin irritation, burns or minor complications. The risks of complications due to chiropractic treatment have been described as "rare", about as often as complications are seen from the taking of a single aspirin tablet. The risk of cerebrovascular injury or stroke, has been estimated at one in one million to one in twenty million, and can be even further reduced by screening procedures. The probability of adverse reaction due to ancillary procedures is also considered "rare". **Other treatment options which could be considered may include the following:** 

- Over-the-counter analgesics. The risks of these medications include irritation to stomach, liver and kidneys, and other side effects.
- Medical care, typically anti-inflammatory drugs, tranquilizers, and analgesics.
- Hospitalization in conjunction with medical care adds risk of exposure to virulent communicable disease in a significant number of cases.
- Surgery in conjunction with medical care adds the risks of adverse reaction to anesthesia.

**Risks of remaining untreated:** Delay of treatment allows formation of adhesions, scar tissue and other degenerative changes. These changes can further reduce skeletal mobility, and induce chronic pain cycles. It is quite probable that delay of treatment will complicate the condition and make future rehabilitation more difficult.

### **Unusual risks:** I have had the following unusual risks of my case explained to me.

I have read the explanation above of chiropractic treatment. I have had the opportunity to have any questions answered to my satisfaction. I have fully evaluated the risks and benefits of undergoing treatment. I have freely decided to undergo the recommended treatment, and herby give my full consent to treatment.

# AUDIO / VIDEO CONSENT 🗆 YES 🗆 NO

I hereby give permission to Ultimate Spine & Wellness to use my image, likeness, and voice as recorded on audio or video without payment or any other consideration. In addition, I give permission to discuss my case and outcomes with anonymity (all names, ages and genders will be changed).

By signing this release, I understand this permission signifies that photographic or video recordings of me may be electronically displayed and posted on a website, published in print, used in documentary video, or shown in the public or private educational setting. My case may be discussed on the Ultimate Spine & Wellness blog, YouTube channel or in office lectures/presentations.

			1 – NO PAIN 10 – WORSE PAIN EVER			Please mark area & type pain on the drawing			
								•	-
	Minimum 🗖	IMild □Moderat		/ 10	HOW LONG:			N- Num	
				na ⊡Sharp	□Shooting □Stabb	oina □Tiaht □T	hrobbina	T-Tingl P- Pain	
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PRESENT: 🗆 0%	% □10% □2	0% □30% □40	% 🗆 50% 🗆 60%	% □70% □8	0% □90% □100%			S- Sum	less
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				/ 10			Right	Left	Left
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WHAT MAKES I	IT WORSE?	□Sitting □Star	nding 🗆 Walking	g □Bending	□Exercise			111	)(]
									11
MEDICAL HIST	FORY: Pleas	e check all the f	ollowing that ap	ply to you:				)]](	2
			HD		□Fibromyalgia			son's	
Back Pain			normal Weight		□ Frequent Urina	ation		e problems	
□Neck Pain			cohol/Drug depe	end	□Gastritis			ess of Breath	
□Jaw Pain / T	ſMJ								
□Chest Pain		□An	emia		□Gout		□Sleep disturbance		
□Hip Pain		□An	klyosing Spond	ylitis	□Hearing Proble	ems	□Osteop		
□Knee Pain		□An	xiety		□Heart Problem	S	□Osteop		
□Foot Pain		□Ar	teriosclerosis		□High Blood Pre	essure			
□Arm Pain			thritis		□High Cholesterol			atoid arthritis	
□Shoulder Pa	in	-	thma		□Irregular Heart Beat		□Spinal	cord injury	
□Hand Pain		□Au			□Irritable Bowl			stenosis	
□Pain w/Coug	gh/Sneeze		□Bakers cyst		□Kidney Stones		□Stroke		
			□Barretts esophagus		□Loss of Memory		□Thyroid	1 Нуро	
Dizziness			Bipolar		Loss of Balance		□Thyroid	d Hyper	
Headaches			□Cancer / Tumor □Depression					ulosis	
□Herniated D									
□Poor Posture	e		ilepsy / Seizure	s	□Mood changes			e Veins	
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PAST INJURIES:				_□Sports		Other			
<b>OCIAL HISTOR</b>	Y: Alcohol			□Smoking		□ Recreat	ional Drugs		_
Pain Intensity					6. Recreation				
0	1	2	3	4	Can do	Can do	Can do	Can do	4 Cannot
No pain	Mild pain	Moderate pain	Severe pain	Worst possible	all	most	some	a few	do any
Sleeping				pain	activities	activities	activities	activities	activitie
0	1	2	3	4	7. Frequency of		2	3	4
Perfect sleep	Mildly disturbed	Moderately disturbed	Greatly disturbed	Totally disturbed	No	Occasional	Intermittent	Frequent	Constant
	sleep	sleep	sleep	sleep	pain	pain; 25%	pain; 50%	pain; 75%	pain; 100%
Personal Care	(washing, d	dressing, etc.)	13	4	8. Lifting	of the day	of the day	of the day	of the da
No	Mild	Moderate	Moderate	Severe	0	1	2	3	4
pain;	pain;	pain; need	pain; need	pain; need	No pain with	Increased pain with	Increased pain with	Increased pain with	Increase pain wit
	no	to go slowly	assistance	100% assistance	heavy weight	heavy weight	moderate weight	light weight	any weight
no	g, etc.)	520M		27	9. Walking		10		
no		2	3	4	0	1	2	3	4
no restrictions re Travel (driving	1				No pain;	Increased	Increased	Increased	Increase
no restrictions re <b>Travel (driving</b> <u>10</u> No pain on	Mild pain on	Moderate pain on	Moderate pain on	Severe pain on	any	pain after	pain after	pain after	pain wit
no restrictions re <b>Travel (driving</b> <u>o</u> No pain on long trips						pain after 1 mile	pain after 1/2 mile	pain after 1/4 mile	pain wit all
no restrictions re Travel (driving o No pain on long trips Work	pain on	pain on	pain on	pain on	any distance 10. Standing		1/2 mile		pain wit all walkin
no restrictions re <b>Travel (driving</b> <u>10</u> No pain on	pain on	pain on	pain on	pain on	any distance				pain wit all

PATIENT SIGNATURE:

DATE:

# **Ultimate Spine & Wellness**

Jamie A. Grainger, D.C. 1251 S Volusia Ave Orange City, FL 32763 Phone: 386-668-6321 Fax: 386-775-1452

# **OFFICE FEE SCHEDULE**

# **Non-Covered Services**

	Diffed Servi		Hom covered services		Supplies		
Initial Visit and Exam \$130		Medicare Initial Visit and Exam	\$35	Hot / Cold Pack	\$35		
	Re -Activation Exam	\$100	Medicare Re-Exam	\$25	Muscle Relaxer Formula 303	\$20	
	Re – Exam	\$70	Initial Medical Nutrition Assess.	\$70	Cryoderm	\$20	
	Manipulation 1-2	\$60	Follow Up Nutrition Assessment	\$35	Ciroflow Water Pillow	\$60	
	Manipulation 3-4	\$85	Infrared / Laser	\$35	Cervical Pillow	\$50	
	Manipulation 5	\$115	Kinesiology Tape	\$7	Home Traction Cervical	\$45	
	Manipulation of Extremity	y \$60	Cupping Therapy	\$45	Calming Magnesium Cream	\$28	
	Electrical Stimulation	\$76	Decompression Therapy	\$200	МСНС	\$18	
	Massage Therapy	15 mins \$20	School Physical	\$25	Turmeric	\$40	
	Massage Therapy	30 mins \$40	X-Ray Cervical – 3 views	\$225	Support Adrenals	\$40	
	Massage Therapy	60 mins <i>\$75</i>	X-Ray Thoracic	\$250	BioActive Nutritional	\$14	
	Manual Therapy	\$119	X-Ray Lumbar – 3 Views	\$250	CW Oil	\$60	
	Ultrasound Therapy	15 Mins \$25	X-Ray Extremities	\$150	TrueEase	\$89	
	Other:		Additional X-Ray View	\$100	Nano Greens	\$40	
	Other:		Other:		Vitamin Med Weight Loss	\$200	

# **OFFICE FINANCIAL POLICY**

### CASH

We accept cash, check, Visa, Master Card, Discover and American Express.

### **INSURANCE**

As a courtesy we will bill your insurance company for you. All co-pay amounts and deductibles are due at the time of service. We encourage you to call your insurance company to confirm your coverage percentage and limits. Knowing your insurance benefits is your responsibility. We will call your insurance company to verify coverage. What we are told on the phone is not always the same as what they end up paying. You are responsible for any difference between the billed allowable amount and what we receive from your insurance company.

### MEDICARE

I am a Medicare provider. Medicare covers the chiropractic adjustment at 80%. Most supplemental plans pay the remaining 20%. Medicare and the supplement do not cover the initial exam, re-exams and x-ray fee, this is the patient's responsibility.

## **AUTO ACCIDENT INSURANCE (PIP)**

**Billed Services** 

Your auto insurance covers your injuries at 100% up to the limits of your policy. Some policies cover 80%. The remaining 20% will be collected from the patient.

### WORKERS' COMP

Work related injuries must be pre-approved by your employer and insurance carrier. Most new cases need a referral from the PCP.

#### CANCELLATIONS

We do not double book. Your appointment time is reserved for you. We appreciate a 24-hour notice on all canceled appointments. We reserve the right to charge you \$20 for all missed appointments.

Patient Signature:

Date:

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